

*Together we stand, better nation we build
Saamstaan ons, beter nasie bou ons*



Blitz News

7 April 2025

Newsletter 12



So whatever you do,
do it all for the
glory of God.

1 Corinthians 10:31

BLITZ PEN

We would like to welcome Mr. Burger to our team. With his introduction, new timetables will be implemented starting from Term 2. These timetables will be sent out today.

Sports practices will start on Wednesday the 9th of April.

The school will reopen on Tuesday, 8th of April with Day 2.



SCHOOL HOURS 2025

- Gr 1 - 12 learners school day starts at 07:45.
- Gr 1 - 2 learners will come out at 13:00 daily.
- Gr 3 Learners will come out at 14:00 from Monday - Thursday and at 13:00 on Fridays.
- Grade 4 - 12 learners will come out at 14:00 daily.

We would like to explain the bell system to everyone.

The **first bell** rings at **07:43** to signal that learners must start moving to their rows, and we close the school gate for the safety of our learners, as most are already at school. At **07:45**, the **second bell** rings, indicating that all learners must be in their rows by that time, or they will be considered late.

SPORTS PROGRAM

Sports practices

Monday and Wednesday

Hockey

Grade 1 and 2 - 13:15 - 14:00

Grade 3 to 7 - 14:15 - 15:00

HS Netball and Rugby - 14:30 - 15:30

Tuesdays and Thursdays

Rugby

Grade 1 and 2 - 13:15 - 14:00

Grade 3 - 14:15 - 15:00

Grade 4 to 7 - 14:15 - 15:30

Netball

Grade 1 - 13:15 - 14:00

Grade 2 and 3 - 14:15 - 15:00

Grade 4 - 7 - 14:30 - 15:30

Hs Hockey - 14:30 - 15:30

MATCHES:

Primary School Netball
Primary School Rugby
Primary School Hockey

High School Netball
High School Rugby
High School Hockey

<u>Week</u>	<u>Date</u>	<u>Opponent</u>	<u>Venue</u>
7 April – 13 April	CPM Sport day, Saturday, 12 April, Rugby and Netball U/7 - U/13.		Malmesbury
	HS NETBALL AND RUGBY	PIKETBERG /CURRO	Curro
14 April – 20 April	Wednesday, 16 April, HS Rugby and Netball	HS Weston	Curro
	Wednesday, 16 April, LS Rugby and Netball St. Andrews	St. Andrews	St. Andrews
21 April – 27 April	Vredendal Hockey, 23 April, Wednesday.		
	Thursday, 24 April, LS Rugby and Netball, Diazville	Diazville	Longacres
5 May – 11 May	LS Rugby, Netball, 8 May, Thursday, Middelpos	Middelpos	Middelpos
	LS Rugby and Netball, u/7 - u/13, Piketberg, Saturday, 10 May	Piketberg	Piketberg
		Lutzville	

	HS Rugby u/15 and u/17, Saturday, 10 May		
12 May – 18 May	Netball Thursday, 15 May HS Rugby, Vredenburg Thursday, 15 May LS Rugby and Netball 17 May, Saturday, LAPS Sport day	HP Williams	Vredenburg HS Longacres Longacres
19 May – 25 May	HS Netball and Rugby 23 May, Friday LS Rugby and Netball, 22 May, Langebaan.	HS Hopefield Langebaan	Langebaan
26 May – 1 June	28 May, HS Netball and Rugby Topolino Sport day, 31 May, Saturday	HS Velddrif	Longacres
2 June – 8 June	7 June, Jurie Hayes Sport day.		
9 June – 15 June			
16 June – 22 June			
23 June – 26 June	HS Netball and Rugby: 26 June, Thursday	Hopefield	

CULTURE

LA HS band practice will continue from the first week of next term, every Tuesday from 14:00 – 15:00.

LA Orchestra practice will continue from the first week of next term, every Wednesday from 14:00 – 15:30.

SCHOOL TERMS 2025

Term	Duration	Number of weeks
1	15 January - 28 March	11
2	08 April – 27 June	12
3	22 July – 03 October	11
4	13 October – (9) 10 December	09

Special School holiday dates
2 May
29 April
30 April

Public and School Holidays 2025
01 January New Year's Day
21 March Human Rights Day
18 April Good Friday
21 April Family Day
27 April Freedom Day
28 April Freedom Day' observed
01 May Workers' Day
16 June Youth Day
09 August National Women's Day
24 September Heritage Day
16 December Day of Reconciliation
25 December Christmas Day
26 December Day of Goodwill

HIKING CAMPS

Learners that have chosen to go on the hiking camps will receive a camping T-shirt.

- Gr 8 - 9, 16 – 19 October, Travellersrest @ R1800
- Gr 4 - 7, 24 – 26 October @ R1200
- Gr 10 - 12, 1 - 5 October, Bundu Bash @ R2000

BUNDU BASH

Bullshoekdam Bundu Bash Senior Camp 2025

Gr10 - 12 (1 - 4 Oct 2025)

**Only places
left!**

6 girls + 5 boys.

Price: R2 000

Cash deposit of R400
by 31 January 2025

Contact Teacher : Ewanda
White

admin@longacresps.co.za





22 SPACES AVAILABLE

R1800

16 - 19 Okt 2025

Pay @ office or EFT

022 772 0302

ADMIN@LONGACRES.CO.ZA

ART TOUR

Art tour to Greece + Turkey 2026

Presented by Lientjie Blok Art Centre: 082 878 0008 or email: Lientjie@imagnet.co.za

ONLY 3 PLACES LEFT

INCLUDED in the tour price:

Schengen visa + agent fee

Airline tickets to Athens, Greece and back from Istanbul, Turkey.

Hostel accommodation in Athens and Istanbul. Dormitories in some cases.

Bus/train to and from Hostels.

Breakfast at hostels.

City taxes

2 day Greece city pass including public transport on tram and trains.

Bus transport from Athens to Istanbul

Entrance fees to attractions.

Tour price: R46 000

Savings plan: Payments from 31/1/2025 to 31/5/2026. (17 Installments of R2 710)

Contact Lientjie Blok if interested.

5 days in Istanbul, Turkey

Topkapi Palace

Spice market

Haga Sophia

Blue Mosque

Boat trip to Princess islands (full day)

Grand Bazaar



4 days in Athens, Greece

Hop On Hop Off sightseeing tour

Acropolis ruins/ Parthenon

Ancient Agora + Roman agora

Hellenic Motor museum

Museum of Illusions

Hydra Island tour (full day)



READERS ARE LEADERS



If your child is struggling with any of the following:

- Reading speed
- Reading with comprehension
- Spelling, grammar or vocabulary

in **English Home Language** or **Afrikaans First Additional Language**, this program will be able to help him/her on their individual reading level.

Only few spaces left.

Contact Teacher Celia on 082 876 5541



Sukkel u kind met:

- Leesspoed
- Leesbegrip
- Spelling, Taal en woordeskat

Afrikaans Huistaal Taal of English First Additional Language? Hierdie leesprogram sal hom/haar help om 'n verbetering te toon op hul individuele leesvlak.

Net 'n paar spasies oop.

Kontak vir Juffrou Celia 082 876 5541

BLITZ CLOTHING BANK

All supporters gear is available at the Blitz clothing bank. As of May 1st all purchases at the clothing bank will be card payments only, we are going cashless.

The Blitz clothing bank is open at the following times:

- Every Tuesday – Thursday from 13:00 - 15:00
- First Wednesday of every month 13:00 – 18:00
- Only available if appointments have been made.

We have received ties for the boys, as well as Rugby and Hockey socks.

Please come and buy them for the winter program, as uniformity is of utmost importance.

Ties @ R90
Socks @ R80



CLOTHING CODE OF CONDUCT

Please see the clothing code of conduct below. Learners will receive demerits if they are not dressed correctly. **NO WHITE SOCKS ARE PERMITTED ANYMORE**. Learners who still have the old school uniform may continue to wear it if it is still appropriate. The old uniform will still be permitted for 4 more years.

HIGH SCHOOL:

<u>BOYS</u>	<u>SUMMER CLOTHING</u>	<u>WINTER CLOTHING</u>
<u>FORMAL:</u>	Formal cap	Formal cap
	Wear for assembly/Formal functions	Wear for assembly/Formal functions
	No caps inside the building	No caps inside the building
	Short-sleeved white shirt with school badge	Short or long sleeved white shirt with school badge
	Shirt buttons to the top(Multi functional collar)	Shirt buttons to the top(Multi functional collar)
	Black tie	Black tie
	Grey shorts	Grey long trousers (Compulsary)
	Black belt (Compulsory)	Black belt (Compulsory)
	Grey long school socks with yellow stripe	Grey long school socks with yellow stripe
	Black school shoes	Black school shoes
	School jersey or pull-over (Optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer with a tie (Compulsory)	Blazer with a tie (Compulsory)
		SCARVES: BLACK with school badge
		NO BEANIES OR EAR MUFFS
<u>INFORMAL:</u>	Short-sleeved white shirt with school badge	Short or long sleeved white shirt with school badge
	Shirt buttons to the top(Multi functional collar)	Shirt buttons to the top(Multi functional collar)

	Black tie	Black tie
	Grey shorts	Grey trousers
	Black belt (Compulsory)	Black belt (Compulsory)
	Grey long school socks with yellow stripe	Grey long school socks with yellow stripe
	Black school shoes	Black school shoes
	School jersey or pull-over (Optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer with tie (Compulsory)	Blazer with tie (Compulsory)
	If Blazer is worn a tie is compulsory	If Blazer is worn a tie is compulsory
<u>PE:</u>	Black sport short	Green school tracksuit (Complete) (Top zipped)
	Sport shirt	Sport shirt (No second skin/ long vest)
	White tekkies (no sneakers)	White tekkies (no sneakers)
	Black sports socks (no secret socks)	Black sport socks (no secret socks)
	Tracksuittop (Zipped) Always	
<u>HAIR:</u>	SHORT AND NEAT.NO FRINGES MAY TOUCH THE EYEBROWS.NO LINES.CODE OF CONDUCT	
<u>JEWELLERY:</u>	NO FORM OF JEWELLERY ALLOWED.ONLY WRISTWATCH AND MEDICAL BRACELET/NECKLACE	
<u>BAGS:</u>	NO BAGS WITH WHEELS. GREEN SCHOOLBAG	

<u>GIRLS</u>	<u>SUMMER CLOTHING</u>	<u>WINTER CLOTHING</u>
<u>FORMAL:</u>	Formal cap	Formal cap
	Wear for assembly/Formal functions	Wear for assembly/Formal functions
	No caps inside the building	No caps inside the building

	Short-sleeved white shirt with school badge	Short/long sleeved white shirt with school badge
	Shirt buttons to the top - Multi-functional collar	Shirt buttons to the top - Multi-functional collar
	Black cross-over tie	Black cross-over tie
	Green dress - wear with black skipants (not visible)	Green dress with black stockings(no pattern or stripes) or
	Black Bobbi socks	Black pants with black stockings or black school socks
	Black school shoes	Black school shoes
	School jersey or pull-over (optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer with tie (Compulsory)	Blazer with tie (Compulsory)
		SCARVES: BLACK with school badge
		NO BEANIES Or EAR MUFFS
<u>INFORMAL:</u>	Short-sleeved white shirt with school badge	Short/long sleeved white shirt with school badge
	Shirt buttons to the top(Multi functional collar)	Shirt buttons to the top(Multi functional collar)
	Black cross-over tie	Black cross-over tie
	Green dress - wear with black skipants (not visible)	Green dress with black stockings(no pattern or stripes) or
	Black Bobbi socks	Black pants with black stockings or black school socks
	Black school shoes	Black school shoes
	School jersey or pull-over (Optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer with a tie (Compulsory)	Blazer with a tie (Compulsory)
<u>PE:</u>	Black sport short	Green school tracksuit (Complete) (Top zipped)
	School sport shirt	School sport shirt (No second skins/ long vest)

	White tekkies (no sneakers)	White tekkies (no sneakers)
	Black sport socks	Black sport socks
	Tracksuittop (Zipped) Always	
<u>HAIR:</u>	Only black/green hair elastics, clips or headbands. No hair in face or eyes. Always neat. Hair may not be coloured/high lighted. If hair touches the collar, it must be tied.	
<u>JEWELLERY:</u>	NO FORM OF JEWELLERY ALLOWED. ONLY WRISTWATCH AND MEDICAL BRACELET/NECKLACE. Only plain gold or silver thin earrings or small studs (One per ear)	
<u>BAGS:</u>	NO BAGS WITH WHEELS. GREEN SCHOOLBAG	

<u>SPORT</u>	
<u>Practice</u>	Sports practice - School sport shirt/School t-shirt and black sport shorts or netball dress
<u>Games</u>	Games - School sport shirt and black sport shorts
<u>Socks</u>	Netball - black sport socks
	Rugby, Cricket en Hockey - black sport socks
<u>Netball</u>	Dress
	Black sport socks
	Tekkies (No sneakers)
<u>Rugby</u>	Black sport shorts
	Practice jersey
	Black sport shorts
	Toks

<u>Cricket</u>	White sport shirt
	Black sport shorts
	Black sport socks
	Tekkies (No sneakers)
<u>Tennis</u>	White sport shirt
	Black sport shorts Boys
	School sport shirt Girls
	Black sport socks
	Tekkies (No sneakers)
<u>Athletics</u>	Athletic frock
	Black sport shorts
<u>Hockey</u>	School sport shirt
	Black sport shorts Boys
	Dress (Girls)
	Black sport socks
	Tekkies (No sneakers)
<u>Sponser</u>	Sponsored/Special jackets can be worn on a Friday only
	Provincial clothes can only be worn on a Friday

Primary school

<u>BOYS</u>	<u>SUMMER CLOTHING</u>	<u>WINTER CLOTHING</u>
<u>FORMAL:</u>	Formal cap	Formal cap
	Wear for assembly/Formal functions	Wear for assembly/Formal functions
	No caps inside the building	No caps inside the building
	Sports caps compulsory for break time	Sports caps compulsory for break time
	Short-sleeved white shirt with school badge	Short or long sleeved white shirt with school badge

	Shirt buttons to the top (Multi functional collar)	Shirt buttons to the top (Multi functional collar)
	Green tie	Green tie
	Grey shorts	Grey long trousers (Compulsary)
	Black belt (Compulsory)	Black belt (Compulsory)
	Grey long school socks with yellow stripe	Grey long school socks with yellow stripe
	Black school shoes	Black school shoes
	School jersey or pull-over (Optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer (Optional)	Blazer (Optional)
	If Blazer is worn a tie is compulsory.	If Blazer is worn a tie is compulsory.
		SCARVES: BLACK with school badge
		NO BEANIES OR EAR MUFFS
<u>INFORMAL:</u>	Short-sleeved white shirt with school badge	Short/ long sleeved white shirt with school badge
	Shirt buttons to the top (Multi functional collar)	Shirt buttons to the top (Multi functional collar)
	No tie	Green tie
	Grey shorts	Grey trousers
	Black belt (Compulsory)	Black belt (Compulsory)
	Grey long school socks with yellow stripe (Optional)	Grey long school socks with yellow stripe
	Black school shoes (Optional)	Black school shoes
	School jersey or pull-over (Optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer (Optional)	Blazer (Optional)

	If Blazer is worn a tie is compulsory!.	If Blazer is worn a tie is compulsory.
	Sports caps compulsory for break time	Sports caps compulsory for break time
<u>PE:</u>	Black sport short	Green school tracksuit (Complete) (Top zipped)
	Sport shirt	Sport shirt (No second skin/ long vest)
	White tekkies (no sneakers)	White tekkies (no sneakers)
	Black sports socks (no "secret socks")	Black sports socks (no "secret socks")
	Tracksuittop (Zipped) Always	
	Sports caps compulsory for break time	Sports caps compulsory for break time
<u>HAIR:</u>	SHORT AND NEAT.NO FRINGE MAY TOUCH THE EYEBROWS.NO LINES.AS PER THE CODE OF CONDUCT	
<u>JEWELLERY:</u>	NO FORM OF JEWELLERY ALLOWED.ONLY WRISTWATCH AND MEDICAL BRACELET/NECKLACE	
<u>BAGS:</u>	NO BAGS WITH WHEELS. GREEN SCHOOLBAG	

<u>GIRLS</u>	<u>SUMMER CLOTHING</u>	<u>WINTER CLOTHING</u>
<u>FORMAL:</u>	Formal cap	Formal cap
	Wear for assembly/Formal functions	Wear for assembly/Formal functions
	No caps inside the building	No caps inside the building
	Sports caps compulsory for break time	Sports caps compulsory for break time
	Short-sleeved white shirt with school badge	Short or long sleeved white shirt with school badge
	Shirt buttons to the top - Multi-functional collar	Shirt buttons to the top - Multi-functional collar
	Green cross-over tie	Green cross-over tie

	Green dress - wear with black skipants (not visible)	Green dress with black stockings OR
	Black Bobbi socks	Black pants with black stockings or black school socks
	Black school shoes	Black school shoes
	School jersey or pull-over (optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer (Optional)	Blazer (Optional)
	If Blazer is worn a tie is compulsory.	If Blazer is worn a tie is compulsory.
		SCARVES: BLACK with school badge
		NO BEANIES OR EAR MUFFS
<u>INFORMAL:</u>	Short-sleeved white shirt with school badge	Short or long sleeved white shirt with school badge
	Shirt buttons to the top - Multi-functional collar	Shirt buttons to the top - Multi-functional collar
	No tie	Green cross-over tie
	Green dress - wear with black skipants (not visible)	Green dress with black stockings
	Black Bobbi socks	Black pants with black stockings or black school socks
	Black school shoes	Black school shoes
	School jersey or pull-over (Optional)	School jersey or pull-over (Compulsory)
		Pullover compulsory over short sleeve shirt
	Blazer (Optional)	Blazer (Optional)
	If Blazer is worn a tie is compulsory.	If Blazer is worn a tie is compulsory.
	Sportscap	Sportscap
<u>PE</u>	Black sport short	Green school tracksuit (Complete) (Top zipped)
	School sport shirt	School sport shirt (No second skins/ long vest)

	White tekkies (no sneakers)	White tekkies (no sneakers)
	Black sport socks	Black sport socks
	Tracksuittop (Zipped) Always	
	Sports caps compulsory for break time	Sports caps compulsory for break time
<u>HAIR:</u>	Only black/green hair elastics, clips or headbands. No hair in face or eyes. Always neat	
	Hair may not be coloured/high lighted	
	If hair touches the collar, it must be tied. CODE OF CONDUCT	
<u>JEWELLERY:</u>	NO FORM OF JEWELLERY ALLOWED. ONLY WRISTWATCH AND MEDICAL BRACELET/NECKLACE	
	Only plain gold or silver thin earrings or small studs (One per ear)	
<u>BAGS:</u>	NO BAGS WITH WHEELS. GREEN SCHOOLBAG	

<u>SPORT</u>	
<u>PRACTICE</u>	Sports practice - School sport shirt/School t-shirt and black sport shorts or netball dress (girls)
<u>Games</u>	Games - School sport shirt and black sport shorts or dress
<u>Socks</u>	Netball - black sport socks
	Rugby, Cricket en Hockey - black sport socks
<u>Netball</u>	Netball dress
	Black sport socks
	Tekkies (No sneakers)
<u>Rugby</u>	Black sport shorts

	Practice jersey
<u>Cricket</u>	White sport shirt
	Black sport shorts
	Black sport socks
	Tekkies (No sneakers)
<u>Tennis</u>	White sport shirt
	Black sport shorts Boys
	School sport shirt Girls
	Black sport socks
	Tekkies (No sneakers)
<u>Athletics</u>	Athletic frock
	Black sport shorts
<u>Hockey</u>	School sport shirt
	Black sport shorts Boys
	Dress (girls)
	Black sport socks
	Tekkies (No sneakers)
<u>Sponser</u>	Sponsored/Special jackets can be worn on a Friday only
	Provincial clothes can only be worn on a Friday

ADVERTISEMENTS



LAPs GPS BANDS

Succeed + LAP

BIG SALE R25 EACH

Sold at MRS Blok AND Mrs White

Only permitted to wear one at a time



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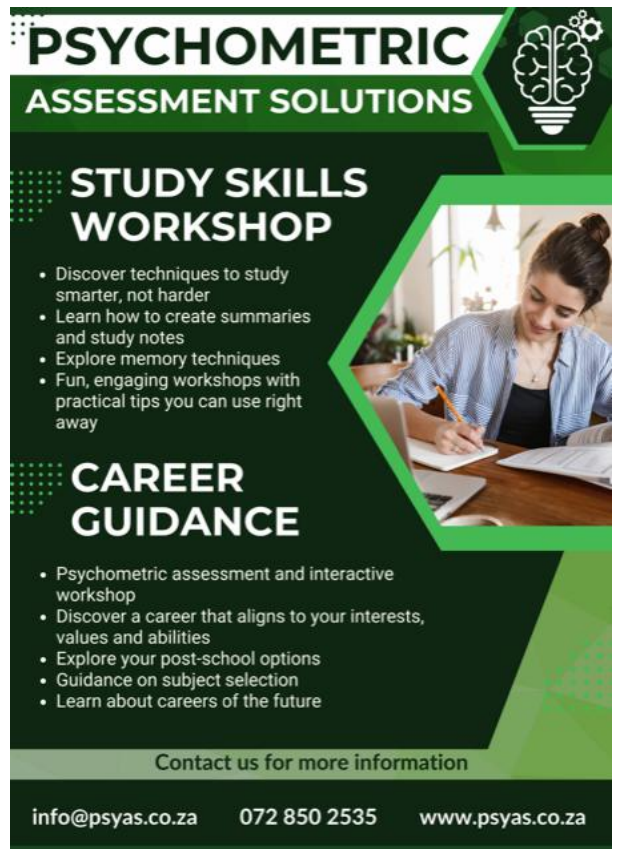
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PSYCHOMETRIC ASSESSMENT SOLUTIONS

STUDY SKILLS WORKSHOP

- Discover techniques to study smarter, not harder
- Learn how to create summaries and study notes
- Explore memory techniques
- Fun, engaging workshops with practical tips you can use right away

CAREER GUIDANCE

- Psychometric assessment and interactive workshop
- Discover a career that aligns to your interests, values and abilities
- Explore your post-school options
- Guidance on subject selection
- Learn about careers of the future

Contact us for more information

info@psyas.co.za 072 850 2535 www.psyas.co.za

TUCK SHOP

TUCK SHOP



MONDAY

Crumbed Chicken Burger @ R30
Toasted Ham/Cheese @ R20
Grilled Chicken Vienna Chip Roll @R18
Slap Chips @R15

TUESDAY

Bacon Egg and Cheese Wrap @R30
Panini filled with cold meat, cheese & Salad @R25
Toasted Chicken & Mayo @R20
Slap Chips @R15

WEDNESDAY

Chicken Curry Rooti's @R25
Assorted Health Sandwiches @R20
Pancakes filled with Spinach and Feta @R15
Slap Chips @R15

THURSDAY

Crumbed Chicken Wraps @R30
Greek Salad with Feta and Olives @R25
Vetkoek filled with Curry Mince @R20
Slap Chips @R15

FRIDAY

Assorted Pizza Slices @R12
Corn Dogs @R10
Toasted Ham, Cheese and Onion @R18
Slap Chips @R15

HOT BEVERAGES

Hot Chocolate @R20
Sachet Cappuccino @R25
Nescafe Coffee @R20
Tea (Five Roses / Rooibos) @R15

COLD BEVERAGES

Sodas @R18
Still Water @R15
Slush Puppy @R20
Soft Serve Tub @R10

Brownies, Coconut Squares, Bran Muffins

PTA

Come fill your cup with
Alette Winckler



24 May
10:30

R390

Complimentary drink
and refreshments



Tickets available at LAPS School office

How to book:

EFT to the following account:

LAPS PTA

ABSA

4092 1801 09

Send proof of payment with
name and contact details to
lapspta.events@gmail.com

Ticket will be emailed

0605885088 / 0722427024
Whatsapp



3 MONTHS NOTICE

All parents need to provide three months' written notice if their learners are to leave the school. I have an open-door policy and ask that parents please arrange a meeting before giving any formal notice.

Kind regards,
Mr Edmund Barkhuysen
Principal
hoof@longacresps.co.za

CCTV NOTICE

Longacres is under 24h CCTV surveillance for the safety of learners and educators. This surveillance will be done by applicable National Legislation and requirements to protect the privacy and integrity of learners, employees and the general public who enter Longacres premises.



AFTER CARE

2025 LONGACRES AFTER CARE

GRADE 1 - Ellisia Steyn

GRADE 2 - Sorika Laubscher

GRADE 3&4 - Erika Theunissen

GRADE 5- 7 - Alida Kruger

HIGH SCHOOL - Lindie Stander

The foundation phase group will play on the left side of the rugby field and the senior phase group will play on the right side of the rugby field.

All learners must please bring along their pencil, ruler and eraser.

**Please pass on extracurricular activities to the homework centre staff.
Parents must pick up children from the homework centre class. No child is sent forward.**

HOMEWORK CENTRE RULES

- Homework centre students are picked up at Seeskulpie.
- If a learner from LAPS uses the homework centre, Samantha must be informed at the Seeskulpie office.
- The costs amount to R1,400 per month.
- One month's written notice must be given if a learner will no longer use the homework centre.
- All after-school activities, including sports, must be communicated to the homework centre teacher.
- No toys are allowed.
- Only sportswear or regular clothes are allowed for outdoor play. Please label all items.
- No cell phones are allowed at the homework centre.
- We follow Longacres policy of one sport per quarter.
- Bring your own writing supplies that should be clearly marked.
- For any further inquiries, contact the respective teacher or Erika Theunissen.
- Homework center closes at 17:15.

SUPPORTERS JACKETS AVAILABLE AT BLITZ CLOTHING BANK



**R 900 ORDER FROM
ESTER**



Private Cricket Coaching





About

I have more than 10 years cricket coaching experience. I have been coaching the u/13 Wes-Boland Cricket team for the past 6 years and I know the industry very well.

One-on-one & group sessions available

Core Focus:

Batting Techniques
Bowling
Fielding

*u/5
to
u/19*

Please contact Tiaan Genade for more information

📞 076 269 9837 @ tiaangenade123@gmail.com

Sponsors:





SUPPORTER GEAR



Available
Now



Mens Golf Shirt
R385



Ladies Golf Shirt
R385



Peak Cap
R120

**PLEASE CONTACT THE PTA
TO GET YOURS !
📞 082 338 7321**

Pryse:

Groep (max 4):R120

Een op een: R150

Sesies is 45 min

Help your child study smart

Dr. Anzhela Hoff
(Registered Educational Psychologist)



Is your child overwhelmed with homework or distracted during study time? You're not alone! But here's the good news: you can help them study more effectively—and stress free!

**Seeskulpie
Hall**

**16 April 2025
17:30 for 18:00**

**R150
per person
cash only**

Gr. 3-12



25 June 2025

FLAG DAY

18 February – 24 June

You won't want to miss out!
BUY 20 & GET 2 FREE!
BUY 10 & GET 1 FREE!
MANY prizes to be won!!



R10
PER FLAG

Give. Groei. Persisto



THANK YOU TO OUR CALENDAR SPONSORS

Self-More

Trauma
Recovery & Life
Coaching

Mariéne Nunes
082 606 1246
nunes@selfandmore.co.za



Sunny Park

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E: SUNNYPARKLANGEBAAN@GMAIL.COM | WWW.SUNNYPARK.CO.ZA



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Harcourts West Coast



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**Ondersteun hierdie besighede – hul inligting sal elke week in die skoolnuusbrief verskyn.
Dankie vir julle ondersteuning!**

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