



Blitz News

5 April 2024

Newsletter 11

The **law** of the **LORD** is *perfect*,
converting the soul: the
testimony of the **LORD** is **SURE**,
making **WISE** the simple.
Psalm 19:7

BLITZ NEWS

Best wishes to our high school rugby teams as they face off against teams from HSH today, and good luck to our hockey team playing tomorrow. We hope the primary school enjoys their CPM Sports Day on Saturday. **We'll follow Day 1 on the timetable, on Monday, the 8th of April.**

Parent-teacher report day - Monday, April 8, from 14:15 to 17:00.

PLEASE NOTE: THERE WILL BE NO SPORTS PRACTICE ON MONDAY, APRIL 8, DUE TO THE REPORT DAY.

Please be advised that the school gate will close at 14:10 daily because of netball team practices on the parking lot netball courts. Learners will exit the school through the pedestrian gate after 14:10. The gate will reopen after 16:00.

SPORT TERM 2

Primary School:

Rugby Practice - Tuesdays and Thursdays

Netball Practice - Tuesdays and Thursdays

RUGBY	
Field	Time
u/7 (hockey field)	13:15 – 14:15
u/8 (hockey field)	13:15 – 14:15
u/9 (hockey field)	14:15 – 15:00
u/11-Rugby	14:15 - 15:30
u/13- Rugby	14:15 – 16:00

JUNIOR NETBALL		
Span / team:	Oefen tye / Practise times:	Baan / Court:
u/7	13:15 – 14:00	Mini netball court
u/8 & u/9	14:15 – 15:00	Mini netball court
u/10 & u/11	14:15 – 15:00	Netball court (parking area)
u/12 & u/13	14:15 – 15:15	Netball court (tennis court)

High School Rugby and Netball Practices Practice times:

Mondays and Wednesdays:

14:45 - 16:00 u/14 – u/19 Rugby teams

14:45 -16:00 u/14 Netball court (parking area)

14:45 -16:00 u/15 Netball court (parking area)

14:45 -16:00 u/17 & u/19 Netball court (tennis court)

HOCKEY PRACTICE TIMES

Primary School:

Mondays and Wednesdays

u/7 & u/8 13:15 – 14:00

u/9 14:15 – 15:00

u/10 – u/13 14:15 – 15:30

High School:

Tuesdays and Thursdays

14:45 – 16:00



LAPS ORCHESTRA

Because of the CPM sports day, the Orchestra music camp will be held on **April 13th from 09:00 to 13:00**. Please ensure that each learner brings their own lunch, snacks, and instrument.

SCHOOL HOURS 2024

- Gr 1-12 learners school day starts at 07:45.
- Gr 1-2 learners will come out at 13:00 daily.
- Gr 3 Learners will come out at 14:00 from Monday-Thursday and at 13:00 on Fridays.
- Grade 4-12 learners will come out at 14:00 daily.

HS SPORT

Hoërskool Sport					
Netbal:Rugby:Hokkie					
			Netbal	Rugby	Hokkie
	10	Diasville HS - Tuis	14,16 +19		
	17	Weston HS - Weg	14,16 +19	15 + 19	
	24	Louwville HS - Tuis	14,16 +19	15 +19	
Mei	2	Weskus HS - Weg	14,16 +18	15 + 19	
	8	Hopefield HS - Tuis	14,16 +19	15 + 19	Mix - Grils + Boys
	15	New Vredenburg HS - Tuis	14,16 +19	15 + 19	
	22	Curro/Vredenburg/Velddrif?			
Julie	17	Louwville - Weg	14,16 +19	15 + 19	
	24	New Vredenburg - Tuis	14,16 + 19	15 + 19	
	30	Weskus - Tuis	14,16 + 18	15 + 19	
Augustus	7	Curro ?			
	14	Vredenburg ?			
	21	Hopefield ?			
	28	Diazville - Weg	14,16 + 19	15 + 19	
	31	LS/HS Sportdag vs Velddrif	Alle ouderdomme		

Hockey girls will play against Vredendal HS on the 16th of April and we will travel to them on the 25th of July.

SCHOOL TERMS

Term	Duration	Number of weeks
1	(8) 10 Jan – 13 Mar	10
2	3 Apr – 14 Jun	11
3	9 Jul – 20 Sept	11
4	1 Oct – 5 (7) Dec	10

CLOTHING BANK

The clothing bank will be available for parents to purchase school uniforms and sports uniforms during the following hours:

Tuesdays and Thursdays: 13:00 – 15:00

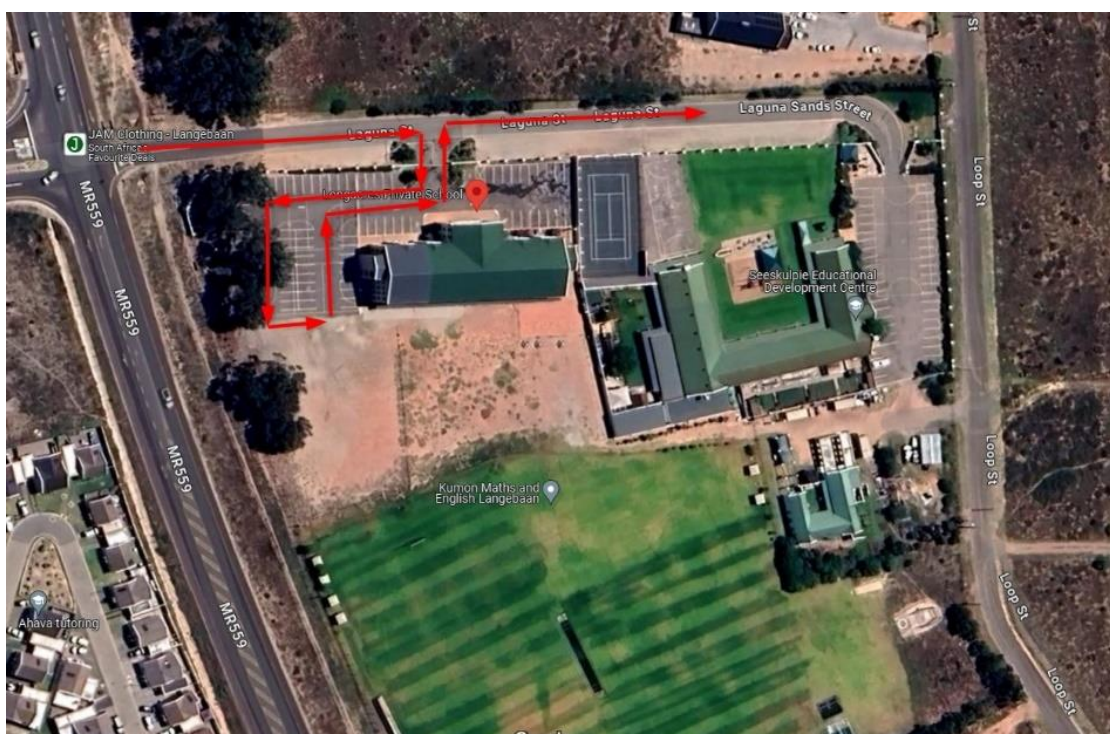
Every first Wednesday of the term: 13:00 – 18:00



See previous newsletters for price lists or contact the office - 022 772 0302

TRAFFIC

We are thrilled to announce that the workers stationed at the school entrance are currently engaged in setting up a robot for traffic control purposes. Everyone must adhere to the new traffic regulations, as there may be a temporary traffic control unit implemented as well.



READERS ARE LEADERS



If your child is struggling with any of the following:

- Reading speed
- Reading with comprehension
- Spelling, grammar or vocabulary

in **English Home Language** or **Afrikaans First Additional Language**, this program will be able to help him/her on their individual reading level.

Only few spaces left.

Contact Teacher Celia on 082 876 5541



Sukkel u kind met:

- Leesspoed
- Leesbegrip
- Spelling, Taal en woordeskat

Afrikaans Huistaal Taal of English First Additional Language? Hierdie leesprogram sal hom/haar help om 'n verbetering te toon op hul individuele leesvlak.

Net 'n paar spasies oop.

Kontak vir Juffrou Celia 082 876 5541

MATIFIC - MATHEMATICS APP

This app is open for Grade R to Grade 9 learners!

**Matific
MATHS APP**

It is with great excitement that we share the news that the school has the amazing Matific Mathematics interactive app available for each learner. This is in preparation for their Maths Olympiad later in the year as well as extra reinforcement. It is an app that is on a smartphone, tablet or any computer can be "played". We used this App last year and the learners loved it!

Each learner will receive a "barcode" from their educators with the login details. Please don't miss the opportunity to enrich your child's mind and let him/her discover Mathematics in a fun way.

If you have any queries, feel free to contact your class teacher (Gr.1-3) or your child's Mathematics teacher (Gr. 4-7). Enjoy it because, Mathematics is awesome!

The advertisement is framed by a colorful border of math-related icons: a calculator, a ruler, a protractor, a compass, a pencil, and a notebook. At the bottom, there is a group of cartoon characters, including a blue robot-like figure and several smaller, colorful creatures.

TUCK SHOP

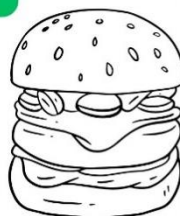
NO CASH SALES – TICKETS MUST BE BOUGHT BEFORE & AFTER SCHOOL

TUCK SHOP MENU

FOOD:

MONDAY

CRUMBED CHICKEN BURGERS @ R25
BBQ RIB BURGER @ R25
TOASTED HAM/CHEESE/TOMATO @ R18
VIENNA CHIP ROLL @ R15



TUESDAY

CHICKEN BUTTERNUT SALAD @ R20
TOASTED HAM & CHEESE @ R15
CHICKEN WRAPS @ R25

WEDNESDAY

CHICKEN CURRY ROOTIS @ R20
BACON AND EGG BURGER @ R20
HOT DOG @ R15

THURSDAY

CHICKEN MUSHROOM PIE @ R20
SAVORY MINCE TOASTIE @ R15
TOASTED CHEESE @ R12

FRIDAY

ASSORTED PIZZA SLICES @ R10
CORN DOG @ R10



TUCK SHOP MENU

DRINKS:

MACHINE CAPPUCCINO @ R30

CAPPUCCINO SACHET @ R20

HOT CHOCOLATE @ R20

COFFEE @ R15

TEA (FIVE ROSES / ROOIBOS) @ R15

SODAS @ R15

STILL / SPARKLING WATER @ R15

SLUSH PUPPY @ R20

SOFT SERVE @ R10



3 MONTHS NOTICE

All parents need to provide 3 months' written notice if learners are to leave the school. I have an open door and ask that parents please arrange a meeting before any formal notice is given.

Kind regards,
Mr Edmund Barkhuysen
Principal
hoof@longacresps.co.za

CCTV NOTICE

Longacres is under 24h CCTV surveillance for the safety of learners and educators. This surveillance will be done by applicable National Legislation and requirements to protect the privacy and integrity of learners, employees and the general public who enter Longacres premises.



AFTER CARE

2024 LONGACRES AFTER CARE

Grade 1	Ellisia Steyn	076 170 9705
Grade 2	Marizka Liebenberg	074 072 2231
Grade 3 & 5	Alida Kruger	071 868 8596
Grade 4	Erika Theunissen	072 010 2655
Grade 6 – 7	Sorika Loubser	082 312 7005
Grade 8 - 12	Janetta	-

The foundation phase group will play on the left side of the rugby field and the senior phase group will play on the right side of the rugby field.

All learners must please bring their pencil, ruler and eraser.

Please pass on extracurricular activities to the homework centre staff.

Parents must pick up children from the homework centre class. No child is sent forward.

HOMEWORK CENTRE RULES

- Homework centre students are picked up at Seeskulpie.
- If a learner from LAPS uses the homework centre, Samantha must be informed at the Seeskulpie office.
- The costs amount to R1,400 per month.
- One month's written notice must be given if a learner will no longer use the homework centre.
- All after-school activities, including sports, must be communicated to the homework centre teacher.
- No toys are allowed.
- Only sportswear or regular clothes are allowed for outdoor play. Please label all items.
- No cell phones are allowed at the homework centre.
- We follow Longacres' policy of one sport per quarter.
- Bring your own writing supplies which are clearly marked.
- For any further inquiries, contact the respective teacher or Erika Theunissen.
- Homework center closes at 17:15.

LAPS INFO CORNER

TG Private Cricket Coaching

About
I have more than 10 years cricket coaching experience. I have been coaching the u/13 Wes-Boland Cricket team for the past 6 years and I know the industry very well.

One-on-one & group sessions available

Core Focus:
Batting Techniques
Bowling
Fielding

u/5 to u/19

Please contact Tiaan Genade for more information

☎ 076 269 9837 @ tiaangenade123@gmail.com

Sponsors: VW ROLA 022 703 1800 DP

Prices:

Group (4 max): R120

One on one: R150

Sessions are 45min



DATES & TIMES

10 years - 12 years

27 Maart 09:00-10:30
28 Maart 09:00-10:30

13 years - 15 years

27 Maart 11:00-13:00
28 Maart 11:00-13:00



HOCKEY ACADEMY

FOCUS POINTS



- Skill development
- Game strategy
- Rules

Registrations closes
on the 22nd of March



Top Level
Coaches

10 years - 12 years

R300

p/p for 2 days

LIMITED SPACE
AVAILABLE

13 years - 15 years

R400

p/p for 2 days



CURRO LANGEBAAN
ASTRO

Contact

Liese-Marie Botha

062 447 0497

WhatsApp ONLY

THANK YOU TO OUR CALENDAR SPONSORS

Are you WORRIED ABOUT "Too much screen time?" • Lack of Sleep? • Inability to Focus? VISIONASTIX Winkel 1 Nautica Mall Langebaan RESIGNEURS: Maandag - Vrydag: 08:00 - 18:00, Saterdag: 08:00 - 17:00, Sondag en Vakansiedae: 09:00 - 14:00 Tel no.: 022 125 0026 RESERVOIR ONS GEDRAG VIR ALLE HARDEWARE EN VERBODENDE	Sunny Park CONTACT ALBIE 082 379 0650 022 220 0196	BAY SOLAR Your renewable energy partner on the West Coast. getpower@baysolar.energy 022 495 0016	Nolans Flooring & Blinds BLINDS - SHUTTERS - Awnings SECURITY - FLOODING 022 220 0185
Shop 11, Nautica Mall Langebaan	THE DRAIN SURGEON NEW BUILDING PLUMBING PROJECTS GENERAL PLUMBING SOLAR GEYSER INSTALLATIONS 082 462 3322	MSS PRIVATE SECURITY Monitoring & Rapid Response Alarm Installations & Repairs CCTV Installations & Repairs Backup Systems 022 220 0185	PREMIER WATERPROOFING Solutions cc FREE QUOTES! 10% PENSIONERS DISCOUNT 074 353 7769
Shop 12, Nautica Mall Langebaan	ELLAS Visit us for beautiful clothing: swimwear, hats, shoes and more! Don't miss it! 082 824 5901	eWaste Recycling Electronic Waste includes anything with plugs, cords and electronic components. 084 252 1397	Dr Frans Venter Family Doctor / Dentist 022 220 0206
iceblock Stockists of all: Frozen Fairy & Polar Ice Creams 083 401 1404	PAEDIATRICIAN Suite 10, Life West Coast Hospital 022 719 1393	Benlouw ACCOUNTING cc Company Registrations 082 220 0206	Dr Annemarie van der Merwe Medical Practice 022 719 1689
Bakery 022 125 0026	Flame Grill 022 714 0471	DULA NATHI UPHOLSTERY 079 011 9733	PRINTING & SIGNAGE 068 445 9002

WHAT DO YOU WANT TO BE WHEN YOU GROW UP?



MOVED FROM THE 19TH

26 April 2024

Dress up as your dream
occupation
Grade 1-7



R5



HOSTED BY:

Lizzi MEIRING

LADIES BRUNCH

20 April

LONGACRES & SEESKULPE

00V / PTA

WHATSAAPP: 082 338 7321

R350 LIGHT MEAL INCLUDED

Schoofplaas & Accommodation

R45 - Langebaanweg