

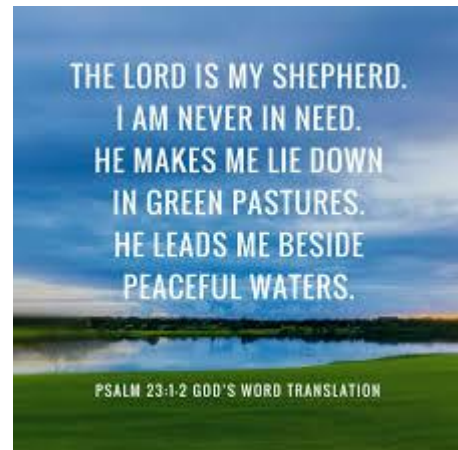
*Together we stand, better nation we build
Saamstaan ons, beter nasie bou ons*



Blitz News

23 January 2024

Newsletter 2



THE LORD IS MY SHEPHERD.
I AM NEVER IN NEED.
HE MAKES ME LIE DOWN
IN GREEN PASTURES.
HE LEADS ME BESIDE
PEACEFUL WATERS.

PSALM 23:1-2 GOD'S WORD TRANSLATION

BLITZ PEN

Thank you to every parent who attended and will attend the Interhouse athletics. We hope you all enjoy the talent that our children have. Please see the sports program below that will be followed from Monday, 27 January.

SCHOOL HOURS 2024

- Gr 1 - 12 learners school day starts at 07:45.
- Gr 1 - 2 learners will come out at 13:00 daily.
- Gr 3 Learners will come out at 14:00 from Monday - Thursday and at 13:00 on Fridays.
- Grade 4 - 12 learners will come out at 14:00 daily.

IMPORTANT DATES

- Primary school athletics 23 - 25 January 2025
- High School athletics 25 - 26 January 2025
- Saldanha Athletics Zone 1 February 2025
- Interne Redenaars 5 February 2025
- Weskus Athletics Zone 8 February 2025
- Wes-Boland Athletics 15 February 2025
- Internal Orators 17 February 2025
- Parent, teacher and learner Braai 20 February
- Boland Athletics 22 February 2025

SPORTS PROGRAM

All learners who have placed in the top 3 of each event must attend practice for the Saldanha Zone athletics.

	Mondays	Tuesday	Wednesday	Thursday
13:15 - 14:00				
14:15 - 14:45	Gr 3-7 Sprints Gr 8-12 Sprints	DiskusPS	Gr 3-7 Sprints Gr 8-12 Sprints	DiskusPS
	Shot put HS Long Jump PS	Hurdles PS	Shot put HS Long Jump PS	Hurdles PS
14:45 – 15:15	Hurdles HS	Long Jump HS	Hurdles HS	Long Jump HS
	High Jump PS	High Jump HS	High Jump PS	High Jump HS
	Shot Put PS		Shot Put	
	Javelin PS	HS Javelin	Javelin PS	Javelin HS
15:15 - 15:45	HS long distance running	Long distance running PS	Long distance running HS	Long distance running PS
15:20 - 16:00	Diskus HS	Hammer Throw Diskus HS	DiskusHS	Hammer Throw

RUGBY PRACTICE (FITNESS)

- U/13 RUGBY TEAM MONDAYS AND WEDNESDAYS 15:15 -16:00
- HS Rugby Tuesdays and Thursdays 15:00 – 16:00

CRICKET PRACTICE

U/11 AND U/13 CRICKET Tuesdays and Thursdays 14:30 – 15:30

HS cricket Mondays and Wednesdays 14:45 – 16:00

SCHOOL TERMS 2025

Term	Duration	Number of weeks
1	15 January - 28 March	11
2	08 April – 27 June	12
3	22 July – 03 October	11
4	13 October – (9) 10 December	09

Public and School Holidays 2025

01 January New Year's Day

21 March Human Rights Day

18 April Good Friday

21 April Family Day

27 April Freedom Day

28 April Freedom Day' observed

01 May Workers' Day

16 June Youth Day

09 August National Women's Day

24 September Heritage Day

16 December Day of Reconciliation

25 December Christmas Day

26 December Day of Goodwill

Special School holiday dates

1 May

29 April

30 April

CULTURE



ORATORS

INTERNAL ORATORS

The **Internal Orators** competition will take place on the 17 February 2025. We encourage all learners to take part in this opportunity to develop their public speaking skills and confidence. The themes for this year are as follows:

Grade 1 -3 (2 - 4 mins) • Clay • Voice • Move	Grade 8 & 9 (5 - 7 mins) • Fool's Gold • Compare • A Mixed bag
Grade 4 & 5 (3 - 5 mins) • Stripe • Recipe • Swear	Grade 10 - 12 (5 - 7 mins) • Debacle • Agenda • Orbit
Grade 6 & 7 (4 - 6 mins) • Instant • Spiral • Rhythm	

Further instructions on how to prepare your speech (what the structure of an Orators Speech should include) will be given to those learners who wish to enter. Please speak to your English Teacher.

ATKV Redenaars

ATKV Redenaarstemas vir 2025:

Die **Interne Redenaars** sal hier by die skool plaasvind. Verdere reëlins oor die dag, tye en watter leerders gaan deelneem sal later deurgegee word.

Temas vir Graad 1-3 (2-4 min) • Klei • Stem • Beweeg	Temas vir Graad 8 en 9 Voorbereid (5-7 min) Onvoorbereid (4-6 min) • Klatergoud • Vergelyk • Mengelmoes
Temas vir Graad 4 en 5 (3-5 min) • Streep • Resep • Vloek	Temas vir Graad 10-12 Voorbereid (5-7 min) onvoorbereid (4-6 min) • Debakel • Agenda • Wentelbaan
Temas vir Graad 6 en 7 Voorbereid (4-6 min) Onvoorbereid (1-4 min) • Kits • Spiraal • Ritme	

Uit die tema moet 'n onderwerp geformuleer word wat 'n standpunt bevat en die standpunt moet aan die hand van argumente en bronne beredeneer word. Met ander woorde dit is 'n beredeneerde toespraak en nie 'n inligtingtingspaatjie nie.

Die struktuur van 'n voorbereide toespraak :

- Die toespraak moet 'n begin, middel en einde hê.
- Hou by die onderwerp.
- Kyk na die logiese rangskikking van idees.
- Neem 'n standpunt in en ondersteun dit met bewyse, soos bronne uit artikels, boeke, internet (ten minste 3 of meer bronne, by gr 1-3 kan bv. oma en oupa ook 'n bron wees) ens.
- Aanbiedingsvaardighede : volume van stem
Pouering (gebruik leestekens)
postuur (staan regop)
oogkontak met die gehoor

Redenaarsgroete
Juf Celia Enslin

ART TOUR

Art tour to Greece + Turkey 2026

Presented by Lientjie Blok Art Centre: 082 878 0008 or email: Lientjie@imagnet.co.za

INCLUDED in the tour price:

Schengen visa + agent fee

Airline tickets to Athens, Greece and back from Istanbul, Turkey.

Hostel accommodation in Athens and Istanbul. Dormitories in some cases.

Bus/train to and from Hostels.

Breakfast at hostels.

City taxes

2 day Greece city pass including public transport on tram and trains.

Bus transport from Athens to Istanbul

Entrance fees to attractions.

Tour price; R46 000

Savings plan: Payments from 30/9/2024 to 31/5/2026. (21 Installments of R2 190)

Contact Lientjie Blok if interested.

5 days in Istanbul, Turkey

Topkapi Palace

Spice market

Haga Sophia

Blue Mosque

Boat trip to Princess islands (full day)

Grand Bazaar



4 days in Athens, Greece

Hop On Hop Off sightseeing tour

Acropolis ruins/ Parthenon

Ancient Agora + Roman agora

Hellenic Motor museum

Museum of Illusions

Hydra Island tour (full day)



BLITZ CLOTHING BANK

Times the Blitz clothing bank is open

- Every Tuesday – Thursday from 13:00- 15:00
- First Wednesday of every month 13:00 – 18:00
- Only available if appointments has been arranged.

HIKING CAMPS

Learners that have chosen to go on the hiking camp will receive a camping T-shirt.

- Gr 4 - 7 28 February – 2 March, Strandfontein @ R1200
- Gr 8 - 9 Travellersrest 16 – 19 October @ R1800
- Gr 4 - 7 24 – 26 October @ R1200
- Gr 10 - 12 Bundu Bash 1 - 5 October @ R2000

3 MONTHS NOTICE

All parents need to provide three months' written notice if their learners are to leave the school. I have an open-door policy and ask that parents please arrange a meeting before giving any formal notice.

Kind regards,
Mr Edmund Barkhuysen
Principal
hoof@longacresps.co.za

CCTV NOTICE

Longacres is under 24h CCTV surveillance for the safety of learners and educators. This surveillance will be done by applicable National Legislation and requirements to protect the privacy and integrity of learners, employees and the general public who enter Longacres premises.



AFTER CARE

2024 LONGACRES AFTER CARE

GRADE 1 - Ellisia Steyn

GRADE 2 - Sorika Laubscher

GRADE 3&4 - Erika Theunissen

GRADE 5- 7 - Alida Kruger

HIGH SCHOOL - Lindie Stander

The foundation phase group will play on the left side of the rugby field and the senior phase group will play on the right side of the rugby field.

All learners must please bring their pencil, ruler and eraser.

Please pass on extracurricular activities to the homework centre staff.

Parents must pick up children from the homework centre class. No child is sent forward.

HOMEWORK CENTRE RULES

- Homework centre students are picked up at Seeskulpie.
- If a learner from LAPS uses the homework centre, Samantha must be informed at the Seeskulpie office.
- The costs amount to R1,400 per month.
- One month's written notice must be given if a learner will no longer use the homework centre.
- All after-school activities, including sports, must be communicated to the homework centre teacher.
- No toys are allowed.
- Only sportswear or regular clothes are allowed for outdoor play. Please label all items.
- No cell phones are allowed at the homework centre.
- We follow Longacres policy of one sport per quarter.
- Bring your own writing supplies which are clearly marked.
- For any further inquiries, contact the respective teacher or Erika Theunissen.
- Homework center closes at 17:15.