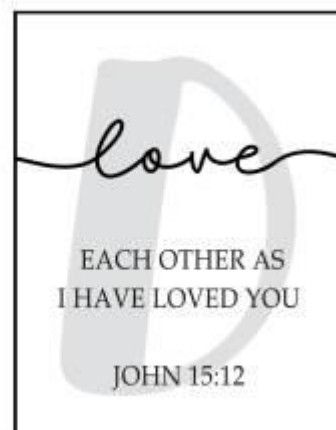
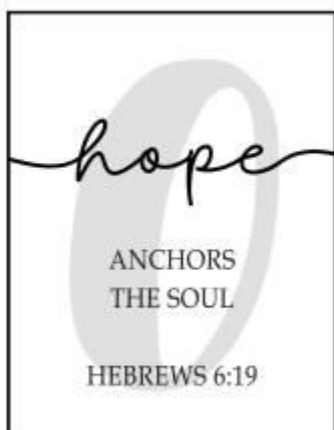




Blitz News

1 February 2024

Newsletter 4



ATHLETICS 2024

Best wishes to all our learners participating in the zone athletics meets scheduled for this weekend. We have confidence that you will give your best effort and make us exceptionally proud. Congratulations to the winners of the Interhouse athletics.

Victor Ludorum - Yul Siebritz

Victrix Ludorum - Kaylin Cox

Athletics Cup - Cobras

Spirit Cup - Falcons

Primary School Athletics:

3 February - Zone Athletics Meet - Curro Langebaan

10 February - Weskus Meet - Hopefield CWL Baard Sport Grounds

17 February - Wes-Boland Meet - To be Confirmed

High School Athletics:

9 February - West Coast Athletics

16 February - Interschools Athletics



LAPS ORCHESTRA

Longacres Orchestra Practice:

Every Wednesday - Seeskulpie Hall

14:15 - 15:30



HS Camp



SCHOOL HOURS 2024

- Gr 1-12 learners school day starts at 07:45.
- Gr 1-2 learners will come out at 13:00 daily.
- Gr 3 Learners will come out at 14:00 from Monday-Thursday and at 13:00 on Fridays.
- Grade 4-12 learners will come out at 14:00 daily.

Important dates:

- The week of 5 February we will start with week 2 day 6 on the timetable.

BADGES

Full and half colours BADGE orders:

All learners who received full and half colours at the 2023 prize giving ceremony must order and pay for badges at the office before or on the 9th of February.

NO ORDERS will be accepted after February 9th

CLOTHING BANK



DESCRIPTION	SIZES	PRICE
LONGACRES TUNIC	ZERO to 60	R309.40
	62 to 72	R322.27
	76 to 92	R341.64
	96 to 112	R362.18
	116 to 130	R384.02
LONGACRES PULLOVER	ZERO to 71	R245.44
	76 to 87	R261.17
	92 to 102	R276.90
	107 to 117	R292.76
	122 to 142	R308.49
LONGACRES JERSEY	ZERO to 71	R258.96
	76 to 87	R275.34
	92 to 102	R292.11
	107 to 117	R309.79
	122 to 142	R328.25
LONGACRES LSLEEVE SHIRT	ZERO to 33	R195.00
	34 to 38	R206.96
	39 to 43	R218.66
	44 to 50	R230.10
	52 to 54	R242.06
LONGACRES SS SHIRT	ZERO to 33	R167.05
	34 to 38	R177.97
	39 to 43	R188.63
	44 to 50	R199.55
	52 to 54	R210.21
LONGACRES CARDIGAN	ZERO to 71	R256.88
	76 to 87	R268.45
	92 to 102	R282.49
	107 to 117	R296.66
	122 to 142	R310.83
LONGACRES SS BLOUSE	ZERO to 33	R207.48
	34 to 38	R217.10
	39 to 43	R224.90
	44 to 50	R235.95
	52 to 54	R242.71
LONGACRES GREY W STR BOYS STAY UP	ZERO to 13-3	R46.54
	4-7	R49.66
	8-10	R53.82
	10+to 1315	R61.88
LONGACRES BADGE	ZERO to 12'S	R35.88

Prysllys / Pricelist



	<u>Size / Groote</u>	<u>Price / Prys</u>
Tracksuit / Sweetpak	Junior - 5-6 - small	R863.80
	Senior - Small +	R926.8
Golf shirt / Golfhemp	Junior - 5-6 - small	R306.6
	Senior - Small +	R329.00
Girls Golfshirt/ Meisie golf hemp	Junior - 28 - small	R306.6
	Senior - Small +	R329.00
Athletic vest / Atletiekfrokkie	Junior - 5-6 - small	R250.60
	Senior - Small +	R267.40
T Shirt / T Hemp	Junior - 5-6 - small	R273.00
	Senior - Small +	R292.60
Sport short / Sportbroekie	Junior - 5-6 - small	R287.00
	Senior - Small +	R309.44
White Golf Shirt / Wit Golfhemp	Junior - 5-6 - small	R303.80
	Senior - Small +	R329.00
Cricket Trousers / Krieket Langbroek	Junior - 5-6 - small	R281.40
	Senior - Small +	R301.00
Sportsokkies	ZERO to 13-3	R63.57
	4-7 to 1315	R65.39

ATHLETICS 2024

	Mondays	Tuesday	Wednesday	Thursday
13:15-14:00	No practice due to Redenaars			
14:30	No practice due to Redenaars	Shot put HS	Gr 3-7 Sprints Gr 8-12 Sprints	Shot put HS
	No practice due to Redenaars	Hurdles PS	HS Hurdles PS Diskus	Hurdles PS
15:00-15:30	No practice due to Redenaars	High Jump PS	PS Long Jump	High Jump PS
	No practice due to Redenaars	HS High Jump	Long Jump HS	HS High Jump
	No practice due to Redenaars		PS Shot Put	
	No practice due to Redenaars	HS Javelin	Javelin PS	HS Javelin
15:30-16:00	No practice due to Redenaars	Long distance running PS	HS long distance running	Long distance running PS
15:30-16:00	HS Diskus	Hammer Throw HS Diskus	HS Diskus	Hammer Throw

LAERSKOOL/PRIMAY SCHOOL		HOËRSKOOL / High school	
Hoogspring/High Jump	Celia, Brandon	Hoogspring/High Jump	Mev. A. Visser & Me. Pieterse
Diskus/Discus	Rouxan	Diskus/Discus	Mnr. Van Niekerk & Mev. C. Visser
Hekkies /Hurdles	Talita	Hekkies/Hurdles	Me. Espley-Jones & Mev. Woodford-Kotze
Langafstande/Long Distances	Louise	Langafstande/Long Distances	Mev. Ebersohn
Gewigstoot/Shot Put	Carmen-Li,Bianca	Gewigstoot/Shot Put	Me. Barnard
Spiesgooi/Javelin	Shane, Ben	Spiesgooi/Javelin	Mev. Roets
Sprints	Jenny, Anelle, Marietha	Sprints	Me. Cloete
Verspring/Long Jump	Kallie	Verspring/Long Jump	Me. Marx & Ludick
		Hammergooi/Hammer Throw	Mr. Greffrath

CRICKET PRACTICE

Primary School:

Tuesdays and Thursdays:

u/11 14:15 – 15:30

u/13 14:15-16:00

High School:

Mondays and Wednesdays:

14:30 – 16:00



NETBALL PRACTICE

ONLY the u/12 & u/13 Teams will have netball conditioning and skills training.

Primary School:

Tuesdays & Thursdays:

u/12 & u/13 14:30 - 15:30



SCHOOL TERMS 2024

Term	Duration	Number of weeks
1	(8) 10 Jan – 13 Mar	10
2	3 Apr – 14 Jun	11
3	9 Jul – 20 Sept	11
4	1 Oct – 5 (7) Dec	10

TRAFFIC



Parents, we ask that you please turn **LEFT** when you leave the school in the mornings and afternoons, it will help with safety and also to avoid a traffic hold up.

Readers are Leaders®



If your child is struggling with any of the following:

- Reading speed
- Reading with comprehension
- Spelling, grammar or vocabulary

in **English Home Language or Afrikaans First Additional Language**, this program will be able to help him/her on their individual reading level.

Only few spaces left.

Contact Teacher Celia on 082 876 5541

Readers are Leaders®



Sukkel u kind met:

- Leesspoed
- Leesbegrip
- Spelling, Taal en woordeskat

Afrikaans Huistaal Taal of English First Additional Language? Hierdie leesprogram sal hom/haar help om 'n verbetering te toon op hul individuele leesvlak.

Net 'n paar spasies oop.

Kontak vir Juffrou Celia 082 876 5541

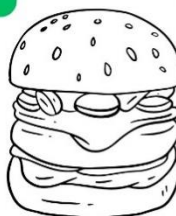
TUCK SHOP

NO CASH SALES – TICKETS MUST BE BOUGHT BEFORE & AFTER SCHOOL

TUCK SHOP MENU FOOD:

MONDAY

CRUMBED CHICKEN BURGERS @ R25
BBQ RIB BURGER @ R25
TOASTED HAM/CHEESE/TOMATO @ R18
VIENNA CHIP ROLL @ R15



TUESDAY

CHICKEN BUTTERNUT SALAD @ R20
TOASTED HAM & CHEESE @ R15
CHICKEN WRAPS @ R25

WEDNESDAY

CHICKEN CURRY ROOTIS @ R20
BACON AND EGG BURGER @ R20
HOT DOG @ R15

THURSDAY

CHICKEN MUSHROOM PIE @ R20
SAVORY MINCE TOASTIE @ R15
TOASTED CHEESE @ R12

FRIDAY

ASSORTED PIZZA SLICES @ R10
CORN DOG @ R 10



TUCK SHOP MENU DRINKS:

MACHINE CAPPUCCINO @ R30
CAPPUCCINO SACHET @ R20
HOT CHOCOLATE @ R20
COFFEE @ R15
TEA (FIVE ROSES / ROOIBOS) @ R15
SODAS @ R15
STILL / SPARKLING WATER @ R15
SLUSH PUPPY @ R20
SOFT SERVE @ R10



ATKV REDENAARS

Die interne redenaars van die skool gaan alreeds op die 5de Februarie plaasvind. Die tyd is min, so die wat nog nie begin voorberei het nie, moet asseblief nou begin voorberei. Verdere reëlins sal aan die betrokke leerders deurgegee word.

Temas vir Graad 1-3 (2-4 min) • Teken • Sprokies • Oorlosie	Temas vir Graad 8 en 9 Voorbereid (5-7 min) Onvoorbereid (4-6 min) • Kantlyn • Meulsteen • Boekmerk
Temas vir Graad 4 en 5 (3-5 min) • Grond • Kamma • Foto	Temas vir Graad 10-12 Voorbereid (5-7 min) onvoorbereid (4-6 min) • Metafoor • Visie • Paradoks
Temas vir Graad 6 en 7 Voorbereid (4-6 min) Onvoorbereid (1-4 min) • Kompas • Wekker • Waag	

INTERNAL ORATORS

The **Internal Orators** competition will take place on the 19TH of February 2024. We encourage all learners to take part in this opportunity to develop your public speaking skills and confidence. The themes for this year are as follow:

Grade 1 -3 (2 - 4 mins) • Dream • Fairy Tales • Time	Grade 8 & 9 (5 - 7 mins) • Milestone • Bookmark • Sideline
Grade 4 & 5 (3 - 5 mins) • Earth • Photo • Wonder	Grade 10 - 12 (5 - 7 mins) • Metaphor • Vision • Paradox
Grade 6 & 7 (4 - 6 mins) • Compass • Alarm clock • Dare	

3 MONTHS NOTICE

All parents need to provide 3 months' written notice if learners are to leave the school. I have an open door and ask that parents please arrange a meeting before any formal notice is given.

Kind regards,
Mr Edmund Barkhuysen
Principal
hoof@longacresps.co.za

CCTV NOTICE

Longacres is under 24h CCTV surveillance for the safety of learners and educators. This surveillance will be done by applicable National Legislation and requirements to protect the privacy and integrity of learners, employees and the general public who enter Longacres premises.



AFTER CARE

2024 LONGACRES AFTER CARE

Grade 1	Ellisia Steyn	076 170 9705
Grade 2	Marizka Liebenberg	074 072 2231
Grade 3 & 5	Alida Kruger	071 868 8596
Grade 4	Erika Theunissen	072 010 2655
Grade 6 – 7	Sorika Loubser	082 312 7005
Grade 8 - 12	Janetta	-

The foundation phase group will play on the left side of the rugby field and the senior phase group will play on the right side of the rugby field.

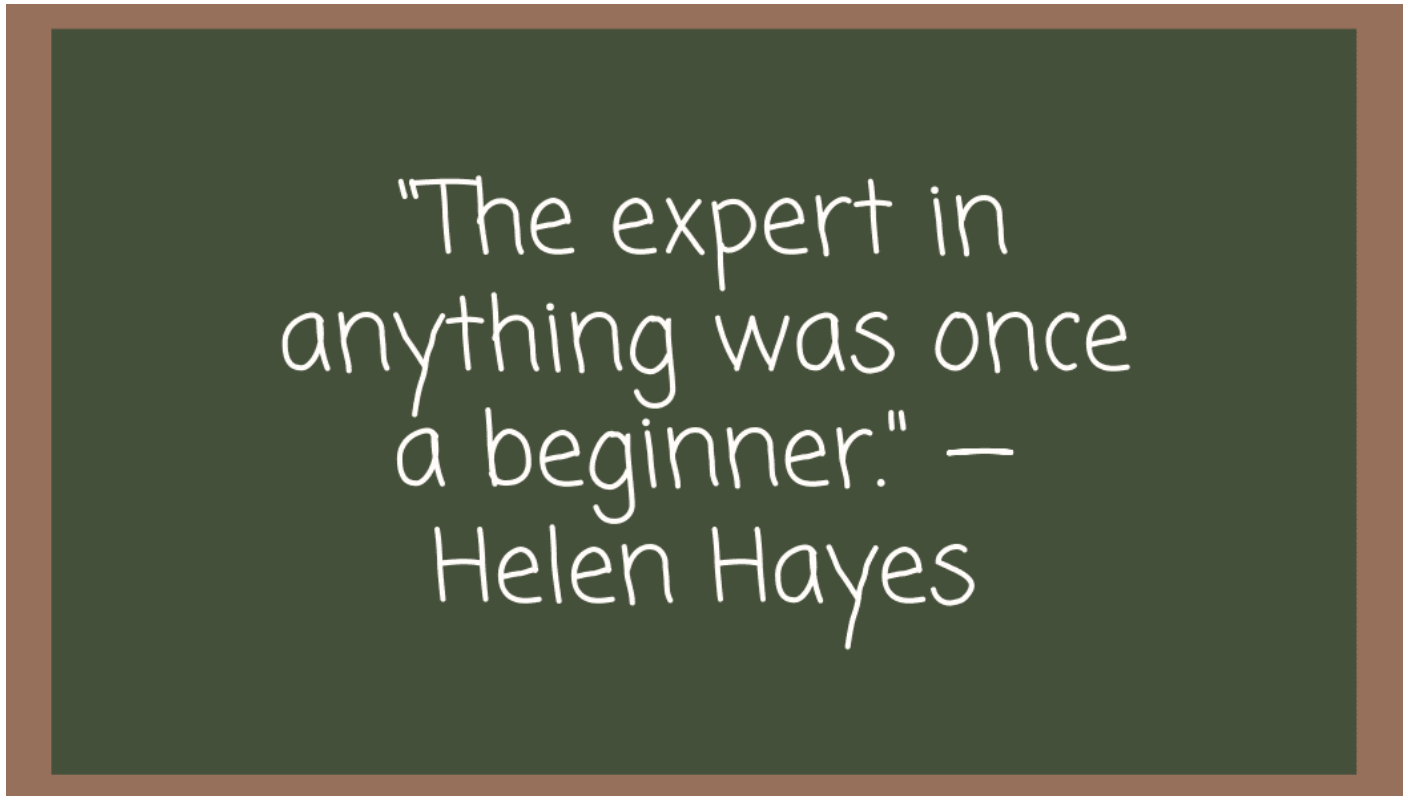
All learners must please bring their pencil, ruler and eraser.

Please pass on extracurricular activities to the homework centre staff.

Parents must pick up children from the homework centre class. No child is sent forward.

HOMEWORK CENTRE RULES

- Homework centre students are picked up at Seeskulpie.
- If a learner from LAPS uses the homework centre, Samantha must be informed at the Seeskulpie office.
- The costs amount to R1,400 per month.
- One month's written notice must be given if a learner will no longer use the homework centre.
- All after-school activities, including sports, must be communicated to the homework centre teacher.
- No toys are allowed.
- Only sportswear or regular clothes are allowed for outdoor play. Please label all items.
- No cell phones are allowed at the homework centre.
- We follow Longacres' policy of one sport per quarter.
- Bring your own writing supplies which are clearly marked.
- For any further inquiries, contact the respective teacher or Erika Theunissen.
- Homework center closes at 17:15.



"The expert in
anything was once
a beginner." –
Helen Hayes



SOCIAL COMMITTEE GR 1 - 7

ANIMAL FOOD COLLECTION

Calling ALL animal lovers:

Dive into your pantry and dig out those tasty treats! The Social Committee is on a mission, and we need your help to feed our fluffy and furry friends!

All donations are for LAC & SAC

Drop off your donations
@ Teacher Lucinda's Class from
29/01 - 07/03



School Bags

R450

Order @ the office

022 772 0302